LYME DISEASE SYMPTOM checklist

The following checklist is intended to collect information that may be useful in the diagnosis and treatment of a person’s behavior difficulties. Only a licensed physician can make a medical diagnosis. You are advised to contact your physician if you suspect that you or your child may have a medical condition, including Lyme disease.

Do you recall having been bitten by a tick?  
Yes  No

If so, do you recall a rash at the site of the bite?  
Yes  No

Do you recall having had a rash that looked like a “bull’s eye” target?  
Yes  No

Head, Face, Neck

Unexplained hair loss  
Yes  No

*Headache (severe, unresponsive to over-the-counter medicine)*  
Yes  No

Twitching of facial or other muscles  
Yes  No

*Facial paralysis (Bell’s palsy) on one or both sides of the face*  
Yes  No

Jaw pain or stiffness  
Yes  No

Eyes/Vision

Double or blurry vision  
Yes  No

Increased floating spots  
Yes  No

*Pain in eyes or swelling around eyes*  
Yes  No

*Oversensitivity to light*  
Yes  No

Flashing lights  
Yes  No

Ears/Hearing

Decreased hearing in one or both ears  
Yes  No

Buzzing, ringing or pain in ears  
Yes  No

Musculoskeletal System

*Joint pain or swelling, especially in knees, wrists or ankles*  
Yes  No

*Stiffness of joints, back or neck*  
Yes  No

Muscle pain or cramps  
Yes  No

*Chest pain or rib soreness*  
Yes  No

*Backache (severe)*  
Yes  No

*Weakness in arm(s) or leg(s)*  
Yes  No

Respiratory and Circulatory Systems

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Shortness of breath, cough (severe, persistent despite medication)      Yes  No
Night sweats or unexplained chills          Yes  No
Heart palpitations or extra beats               Yes  No

**Digestive and Excretory Systems**

Diarrhea                          Yes  No
Constipation                      Yes  No
Irritable bladder (trouble starting or stopping)   Yes  No
Upset stomach (especially with pain)    Yes  No
Sore throat (unusually severe or prolonged) Yes  No

**Neurologic System**

Tremors or other unexplained shaking        Yes  No
Burning or stabbing sensations in the body  Yes  No
Feeling of pressure in head without an actual “headache” Yes  No
Numbness in body, tingling or pinpricks  Yes  No
Poor balance, dizziness, difficulty walking Yes  No
Increased motion sickness                     Yes  No
Lightheadedness, wooziness, sleepiness during the daytime Yes  No
Letter or number reversals                   Yes  No

**Reproduction & Sexuality**

Loss of sex drive                   Yes  No
Females: Unexplained menstrual pain or irregularity Yes  No
Females: Unexplained breast pain, discharge  Yes  No
Males: Testicular or pelvic pain     Yes  No

**Mental Capability**

Memory problems (short or long-term memory failures) Yes  No
Confusion, difficulty in thinking                      Yes  No
Difficulty with concentration or reading Yes  No
Going to the wrong place  Yes  No
Difficulty with speech (slurred, slow or stammering) Yes  No
Forgetting how to perform simple tasks Yes  No
If you’re in school, has there been a decline in your performance? Yes  No
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Psychological Well-being

*Mood swings, irritability*  
Yes  No

Unusual depression  Yes  No

Disorientation (getting or feeling lost)  Yes  No

Overemotional reactions, crying or angry very easily  Yes  No

Sleep disturbances (too much, too little, difficulty falling asleep)  Yes  No

Feeling as if you are losing your mind  Yes  No

General Well-being, miscellaneous areas

Have you had unexplained weight gain or loss?  Yes  No

Have you been experiencing extreme fatigue?  Yes  No

Do you have swollen glands?  Yes  No

Have you been having unexplained fevers (high or low grade)?  Yes  No

Do you get continual infections (sinus, kidney, eye, ear, etc.)?  Yes  No

Symptoms seem to change, come and go, but “always something”  Yes  No

Do you get pain that moves to different body parts?  Yes  No

Early on, did you have a “flu like” illness, and haven’t felt well since?  Yes  No

Do you get rashes that disappear and return?  Yes  No

Have you seen deer coming onto your property?  Yes  No

If you are over 7 years old and, if ADD (or ADHD) has been diagnosed, *did the symptoms first appear after age 7?*  Yes  No

Symptoms appearing in this checklist in *italics* are considered to be especially significant by a pediatric neurologist who has treated numerous children and adolescents with Lyme disease.

Other concerns: